

Gifts of the Holy Spirit
8th Grade Candidate & Sponsor Activity
Due: Monday, February 13th, 2023

The Candidate and Sponsor are to work on the “Gifts of the Holy Spirit” activity together. The nature of the activity allows the Candidate and Sponsor to discuss and complete the different components either in person, over the phone, or using video chat. The activity can be typed or handwritten (please provide a copy or link to the news story/world event that is selected for part two).

Gifts of the Holy Spirit

Wisdom – seeing what is truly valuable in life and judging according to God’s standards

Ex: Missing a favorite TV show because you desire to speak with God in prayer

Understanding – Insight into the Faith

Ex: understanding mysteries of the faith to a degree, in contrast to people who, in lacking this gift, do not understand them at all

Knowledge – Spiritual know-how: knowing the spiritual value and use of created things

Ex: Knowing when a certain thing can lead us closer to God (i.e. enjoying His gifts at the proper time), or when it can lead us away from Him (i.e. eating too much is gluttony)

Counsel – Seeing what is best for us in relationship to God’s will

Ex: Discerning God’s will in a given situation

Fortitude – Strength in difficulty to be faithful to Christ

Ex: courage to give up wealth, friends, and family for Christ, even to the point of suffering martyrdom

Piety – Affection for God as our Father Who loves us and Who is worthy of worship

Ex: Saint Therese often spoke of her heavenly Father and placed great trust in His mercy

Fear of the Lord – Seeing the evil of sin and having a healthy respect for Almighty God

Ex: A movement within us, which stops us from sinning out of healthy fear of offending God

Both the Candidate and the Sponsor should select a gift that they feel they are lacking in and write a couple of paragraphs about ways in which they can work to strengthen that particular gift in their life, with the cooperation of God’s grace. This should be done over some time, allowing for prayer to the Holy Spirit to provide guidance and assistance in the ways that the gift can be strengthened.